

Balakendra 2019-2020 Juniors Schedule
Orientation/ CLASS at 12pm followed by aarti at 12:45- India the sacred land
Instill values like aspirations, brotherhood, cleanliness, etc. Through storytelling
States within India- general discussion
Ramayana - Tell the entire story and enhance their imagination. Pick a character and talk about it in class
DIWALI PARTY
How to develop self-control on the senses- e.g. not eating too much sugar or staying up late.
The vitamins of our backbone, courage, strength, dignity, fearless etc..
UPCENTER FOOD BASKETS FOR THANKSGIVING
Bala Bhagavatam Part 1 - Dasavataram- how to measure happiness
XMAS PARTY
Bala Bhagavatam Part 2- Krishna everywhere- discuss his various Leela's
What do they like about being a Hindu Indian and why they should be proud? Have kids name few things.
GROUP DISCUSSION- IF YOU COULD CHOOSE TO BE PART OF ANY RELIGION...WHY?
Traditions of India, tilak, sari's, wearing a pagadi, etc... what to preserve and what to enhance upon
Intro to yoga? Where did it originate? When, where, etc. What is mediation/7 chakras
What is shivratri?
What is ugadi? / What is Holi & how are they similar
Strengths of Hanuman vs humans
Values, Virtus and love of god
Community Activity/Service
QUIZ BOWL
PICNIC