

<b>Balakendra 2019-2020 Munchkins Schedule</b>
<b>Orientation/</b> CLASS at 12pm followed by aarti at 12:45- India the sacred land
Instill values like aspirations, brotherhood, cleanliness, etc. Through storytelling
States within India- general discussion
Ramayana - Tell the entire story and enhance their imagination. Pick a character and talk about it in class
<b>DIWALI PARTY</b>
How to develop self-control on the senses- e.g. not eating too much sugar or staying up late.
The vitamins of our backbone, courage, strength, dignity, fearless etc..
<b>UPCENTER FOOD BASKETS FOR THANKSGIVING</b>
Bala Bhagavatam Part 1 - Dasavataram- how to measure happiness
<b>XMAS PARTY</b>
Bala Bhagavatam Part 2- Krishna everywhere- discuss his various Leela's
What do they like about being a Hindu Indian and why they should be proud? Have kids name few things.
<b>GROUP DISCUSSION- IF YOU COULD CHOOSE TO BE PART OF ANY RELIGION...WHY?</b>
Traditions of India, tilak, sari's, wearing a pagadi, etc... what to preserve and what to enhance upon
Intro to yoga? Where did it originate? When, where, etc. What is mediation/7 chakras
What is shivratri?
What is ugadi? / What is Holi & how are they similar
Strengths of Hanuman vs humans
Values, Virtus and love of god
<b>Community Activity/Service</b>
<b>QUIZ BOWL</b>
<b>PICNIC</b>